

What's on the Menu?

Alleghany High School Breakfast: January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
WG French Toast Sticks Syrup Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Blueberry Bash Waffles Sausage Biscuit Assorted Cereal Fruit Assorted Juice Milk	Mini Cinis Spicy Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Blueberry Muffin with String Cheese Breakfast Sausage Pizza Assorted Cereal Fruit Assorted Juice Milk	Peach Parfait with Granola Cini Mini Assorted Cereal Fruit Assorted Juice Milk
15	Biscuit with Peppered Gravy Sausage Biscuit Assorted Cereal Fruit Assorted Juice Milk	WG Cinnamon Roll Spicy Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Breakfast Pizza Egg & Cheese Biscuit Assorted Cereal Fruit Assorted Juice Milk	Sausage Biscuit Eggo Mini Chocolate Chip French Toast Assorted Cereal Fruit Assorted Juice Milk
WG French Toast Sticks Syrup Bacon Egg Cheese Biscuit Assorted Cereal Fruit Assorted Juice Milk	Blueberry Bash Waffles Sausage Biscuit Assorted Cereal Fruit Assorted Juice Milk	Mini Cinis Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Blueberry Muffin with String Cheese Breakfast Sausage Pizza Assorted Cereal Fruit Assorted Juice Milk	Peach Parfait with Granola Cini Mini Assorted Cereal Fruit Assorted Juice Milk
Mini Cinnamon Waffles Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Biscuit with Peppered Gravy Sausage Biscuit Assorted Cereal Fruit Assorted Juice Milk	WG Cinnamon Roll Spicy Chicken Biscuit Assorted Cereal Fruit Assorted Juice Milk	Breakfast Pizza Egg & Cheese Biscuit Assorted Cereal Fruit Assorted Juice Milk	Sausage Biscuit Eggo Mini Chocolate Chip French Toast Assorted Cereal Fruit Assorted Juice Milk

All students must select at least 1/2 cup of fruit with their reimbursable meal. A full student breakfast includes a choice of one (1) entrée supplying protein and/or grain, up to two (2) fruit side dishes (one (1) can be a fruit juice, and one (1) milk. Milk choices include skim white, 1% white, and skim chocolate.